SPORTSCARE PHYSICAL THERAPY

ARMWORKS HAND THERAPY

Patient Name _____ **Phone** _____

Diagnosis/ICD – 10 Code _____

_____

Special Orders or Precautions _____

_____

_____

□ **Non-Weight Bearing** □ **Toe Touch** □ **Partial Weight Bearing** □ **Full Weight Bearing**

□ Evaluate and Treat

Treatment Guidelines

□ **PROM**
Start Date: _____

□ **AROM**
Start Date: _____

□ **AAROM**
Start Date: _____

□ **Strength**
Start Date: _____

Hand Therapy

□ **Desensitization**
□ **Coordination**
□ **Scar Mobilization**
□ **Custom Splinting**
_____
_____
_____

Worker Rehab

□ **Work Conditioning**
□ **Work Fitness**
_____
_____
_____
_____

Specialty Services

□ **Lymphedema Therapy**
(Beaverton and Gresham)
□ **Blood Flow Restriction Training**
(Beaverton, Clackamas, NE Portland)
□ **Spinal Manipulation**
□ **Balance/Vertigo Therapy**
□ **AlterG Anti-Gravity Treadmill**
(Gresham)
□ **Pelvic Floor Physical Therapy**
(Gresham)
□ **BikeFit**
(NE Portland)
□ **Temporomandibular Joint (TMJ)**
□ **Fibromyalgia**
□ **Mechanical Spinal Traction**
□ **Pool Therapy**
(Sandy)

Frequency □ Daily □ 3x Wk □ 2x Wk □ 1x Wk □ Other _____

Duration □ 1 Week □ 2 Weeks □ 3 Weeks □ 4 Weeks □ Other _____

Physician Signature _____ **Date** _____

Physician Name _____ **Phone** _____

www.SportsCarePT.com ● www.ArmworksHT.com

SportsCare

□ **Beaverton – Joe Shannon, DPT**
16100 NW Cornell Rd. Suite 110
Beaverton, OR 97006
P: 971.245.6663
F: 971.245.6664

□ **Clackamas – Ethan Collier, DPT**
10121 SE Sunnyside Rd. Ste 208
Clackamas, OR 97015
P: 503.794.0103
F: 503.794.0104

□ **Gresham – George Eischen, PT**
24076 SE Stark St. Ste. 200
Gresham, OR 97030
P: 503.491.1666
F: 503.491.1667

□ **NE Portland – Joe Fricke, PT**
10748 NE Halsey St.
Portland, OR 97220
P: 503.257.9881
F: 503.257.8964

□ **Sandy – Kevin Eischen, DPT**
16621 Champion Way Ste. 100
Sandy, OR 97055
P: 503.668.5321
F: 503.668.9742

Armworks

□ **Beaverton**
15390 NW Cornell Rd. Suite 230
Beaverton, OR 97006
P: 971.245.6663
F: 971.245.6664

□ **Clackamas**
10121 SE Sunnyside Rd. Ste 208
Clackamas, OR 97015
P: 503.794.0103
F: 503.794.0104

□ **Gresham**
24076 SE Stark St. Ste. 210
Gresham, OR 97030
P: 503.491.1666
F: 503.491.1667

□ **Lake Oswego**
16016 Boones Ferry Rd. Ste. 101
Lake Oswego, OR 97035
P: 503.882.2351
F: 503.882.2348

□ **NE Portland**
10748 NE Halsey St.
Portland, OR 97220
P: 503.257.9881
F: 503.257.8964